

# **American Hospital Association Health Care Transformation Fellowship:**

*Innovative Approaches to  
Transform Health, Health Care  
and Cost*

**Hospitals and health care systems face unparalleled change, with multiple factors driving a rapidly transforming health care environment.** As the field moves from a fee-for-service to a value-based model, hospitals are focusing on quality and population health management, and on providing more integrated, better coordinated care. Meeting the challenges of a dynamically evolving health care environment and changing strategic priorities requires new leadership skills, capabilities and business/service models.



The AHA Health Care Transformation Fellowship is an intensive, nine-month program to provide health care leaders with information and skills to implement innovative health care delivery and payment system models. The curriculum addresses a variety of health care transformation topics to help participants lead their hospital toward the Triple Aim—better care, better health and lower cost.

Topics include:

- Clinician alignment and leadership
- New care delivery models
- Navigating financial risk in the volume to value transition
- Population health management
- Integration of health information technology
- Evolving partnerships with payers, employers, community organizations and other nontraditional players

*“The strength of the fellowship program is seeing what other health systems, small and large, are doing and learning from their experience. This is an excellent networking opportunity for leaders in the field.”*

James Jones, MD  
Systems Medical Director of CDI  
Mount Sinai Health System

## KEY COMPONENTS

### **Learning Retreats**

Three two-day, interactive, in-person learning retreats led by expert faculty are focused on specific health care themes. Fellows learn about innovative approaches from industry experts and from hospitals at various stages of transformation. Retreat leaders synthesize the main takeaways, facilitate discussion, identify key questions to address with senior leadership teams and provide helpful hints for success. Fellows also engage in roundtable discussions, networking and project updates.

### **Fellowship Projects**

Fellows design and implement an action learning project that addresses the transformational needs of their organization and has measurable aims to achieve by the end of the nine-month program. Fellows receive guidance from fellowship faculty, AHA staff and their learning cohort. They periodically present progress reports, including updates at each learning retreat and a final project report.

### **Transformational Resources and Connections**

Fellows receive relevant reading assignments and have access to other resources and tools, including a dedicated fellowship website, email list and social networking group.

### **Coaching Calls and Webinars**

Fellows have regular check-in calls with fellowship staff to discuss progress and issues related to their projects. Staff facilitate networking between individual fellows, experts or other organizations pursuing similar strategies. Interactive webinars and conference calls cover various topics related to innovation and health care transformation.

*“The learning atmosphere is unique. Very credible, high-profile organizations were willing to share their experiences.”*

John Meister, FACHE, CPA  
Senior Vice President  
Parkview Health

## PROGRAM VALUES

**Knowledge and Tangible Results:** Fellows gain essential knowledge about challenges and opportunities for health care transformation, along with actionable tools. Fellowship projects demonstrate measurable progress and achieve key milestones aligned to organizational objectives.

**Networking Connections:** Fellows have the opportunity to network and make professional connections with their fellowship class, past fellows and expert faculty.



*Join a network of more than 81 distinguished Health Care Transformation Fellows.*

**Pay-it-Forward:** Fellows can continue to build the Health Care Transformation Fellowship alumni network and participate as faculty or advisors in future classes to showcase their organization's progress, results and lessons learned on transformation initiatives. Some fellows may choose to become senior fellows of the Health Research & Educational Trust, a not-for-profit division of the AHA.

## EXAMPLES OF ACTION LEARNING PROJECTS

### Clinical Integration/High-Value Network

- Create a comprehensive orthopedic surgical home model
- Develop a high-value network of post-acute providers to complement ACO/MSSP

### Payment Reform

- Implement a shared-savings program with a large Medicaid managed care payer
- Develop rational, value-based payment reform for specialty care

### Care Delivery Reform

- Increase performance on quality metrics via implementation of a cardiovascular co-management model
- Reduce readmissions for accountable care population

### Population/Community Health Management

- Create interventions to address pediatric high-cost/high-risk populations using mobile applications
- Develop geriatric population health management program
- Pediatric high risk/high cost interventions using mobile applications

## APPLY

Please visit the AHA Health Care Transformation Fellowship website at [www.hpoe.org/hctfellowship](http://www.hpoe.org/hctfellowship) to apply or to learn more. Contact the Health Care Transformation Fellowship staff at [HCTfellowship@aha.org](mailto:HCTfellowship@aha.org) or (312) 422-2929.

All applications must be submitted electronically.

Please submit your application at [www.hpoe.org/hctapplication](http://www.hpoe.org/hctapplication) by February 1, 2017.

## CANDIDATES

Appropriate candidates for the fellowship include: C-suite level executives (CEOs, COOs, CMOs, CFOs, etc.), senior vice presidents, and vice presidents from the following disciplines:

- Finance
- Operations
- Strategy
- Clinical leadership
- Population health

## ORGANIZATION TYPES

Participating organizations have included:

- Large health systems, stand-alone hospitals, academic medical centers, small critical access hospitals, not-for-profit hospitals, for-profit hospitals—from a range of urban and rural geographies
- State hospital associations

## TUITION

Tuition covers one individual (the fellow) from each organization. The fellow may bring up to three colleagues to each of the learning retreats.

\$19,500 per organization

(Discounts may be available for small organizations. Please contact [HCTfellowship@aha.org](mailto:HCTfellowship@aha.org).)

Tuition includes:

- All program materials for learning retreats and webinars
- Registration for the 2017 Association for Community Health Improvement National Conference (Denver)
- Registration for the 2017 Health Forum and the American Hospital Association Leadership Summit (San Diego)
- Breakfast, lunch and one dinner during learning retreats
- Various professional development opportunities

Please note: Space is limited to 20 organizations.

## DUE DATE

Fellowship applications are due **February 1, 2017**.

## KEY DATES

<b>Learning Retreat #1: Innovative Approaches to Achieve Better Health in Populations and Communities</b>	March 7-8, 2017	Denver, CO
Association for Community Health Improvement National Conference (optional, included in tuition)	March 9-11, 2017	Denver, CO
<b>Learning Retreat #2: Innovative Financial Models to Attain Lower Cost and Value</b>	July 2017	San Diego, CA
Health Forum and the AHA Leadership Summit (optional, included in tuition)	July 27-29, 2017	San Diego, CA
<b>Learning Retreat #3: Innovative Care Delivery Models to Achieve Better Health Care</b>	November 2017	Chicago, IL