

How Hospitals Keep Employees Healthy

87% of Hospitals Offer Health and Wellness Programs

Wellness Programs and Benefits Offered to Hospital Employees

From 2010 to 2015, more hospitals began offering specific programs and benefits.

2010

2015

48%



Web-based resources for healthy living

78%

36%

Personal health coaching



62%

47%



Biometric screenings

72%

55%

Stress management



74%

58%



Disease prevention and management programs

77%

75%

Safety program
(e.g., ergonomics, workplace violence education)



92%

76%



Tobacco-free campus

92%

To learn more, visit hpoe.org/2015WellnessSurvey

Source: Health Research & Educational Trust. (2016, October). Health and wellness programs for hospital employees: Results from a 2015 American Hospital Association survey. Chicago, IL: Health Research & Educational Trust.