

## What is **population health**?

Population health is the health outcomes of a defined group of people, including the distribution of such outcomes within the group.<sup>1</sup>

## What are the **primary goals hospitals and health care systems should include in their population health strategies**?

Hospitals and health care systems should include these five distinct goals in their population health strategies:

1. Coordinate hospital-based interventions with community stakeholders and other key partners through mature collaborations;
2. Increase preventive health services through coordinated care across the health care continuum;
3. Provide culturally and linguistically appropriate care;
4. Promote healthy behaviors; and
5. Track population health metrics against dashboard targets.

**For more information visit [HPOE.org](http://HPOE.org)**

## What is meant by a **defined group of people**?

A defined group of people may be, but is not limited to, those who are attributable to or served by a hospital or health care system, those living in a specified geographic area or community or those experiencing a certain condition or disease.

## What processes should be considered when **implementing a population health strategy**?

Population health is achieved through a focus on three interrelated processes:

1. Identify and analyze the distribution of specific health statuses and outcomes;
2. Evaluate the clinical, social and economic, behavioral and environmental factors associated with the outcomes; and
3. Implement a broad scope of interventions to modify the correlates of health outcomes.